

# PROGRAMME GUIDE

**ADVANCE DIPLOMA IN ACUPUNCTURE (ADA)**

**· Scheme of Examination**

**I-Semester· Detailed Syllabus**



**CHANNELS & MERIDIANS HEALTHCARE PVT LTD**

**41, SAMINATHAN STREET, SEKKALAI, KARAIKUDI.**

**MOBILE: 8489500055 /8870749194**

## Curriculum for Advance Diploma in Acupuncture

**Duration of course-** 1 year (700 hrs)

**Eligibility:** - +2/ Pass in Certificate Course in Acupuncture

### Semester: 1 (500 Marks)

**Total Papers: 5**

**Max Marks: 60 (Total: 300)**

**Theory: 3 Papers: 60 Marks (Total: 180)**

**Practical: 2 Practicals**

**Max Marks: 60 (Total: 120)**

**Internal: 200 Marks (5 x 40)**

### I-PAPER: (60 Marks)

#### Basic Medical Sciences

1.1 Anatomy 1.2 Physiology 1.3 Microbiology, 1.4 Patient Psychology, 1.5 Preventive Medicine, 1.6 Indian Medical Diagnoses, 1.7 Nutrition and Dietitian.

#### Acupuncture theory-IA

1. History of acupuncture, brief history of acupuncture and traditional Chinese medicine,
2. Discussions about recognition of acupuncture-World Wide-WHO,
3. Brief studies on Various researches in Acupuncture- China - World Wide,
4. TAOSIM- Basic Concept of Taoism,

#### Acupuncture theory-IB

1. Concept of Qi (Chi) - Detail description and various concept about Vital energy (Bio-energy), (life force),
2. YIN-YANG Theory, detailed description of Yin yang Theory,
3. Application of theory of Yin Yang in TCM, 2.8 ZANG-FU-Theory,
4. The study of relation of Zang -Fu theory in relation to Meridians, five elements, five senses, tissues, physiology, emotions, pain, dreams, etc,
6. application of Zang-Fu Theory in Diagnosis,
7. ORGAN-CLOCK Theory and its importance, 2.11 the great
8. Five element theory, the law of movement of the five-element in natural,
9. Mother-Son law and its applications,
10. Theory of exogenous pathogenic factors and Endogenous emotional pathogenic factors, detailed study of relation of medians with environments, personality, psycho-emotional state and life style,
11. Scientific basis and modern theories of acupuncture- Motor-Gate theory, Gate-Control theory of pain, Endorphin release- Pain theory, Enkephalin theory of pain, The recent research in Acupuncture,
12. Principles of energy Transfer,
13. Summary of the theories to explain the Acupuncture effects.

### **Practicals-I (50 Marks)**

1. Skeletal System – Identify and write the significance of the skeletal parts
2. Physiology – Litmus paper – Record the Ph of saliva
3. Identify & Write the significance of the Traditional preventive medicines
4. Identify and write about the Indian medical diagnostic tools displayed
5. Identify and Tabulate the Nutrients displayed according to a Diet Chart.

### **II –PAPER: (60 Marks)**

#### **Theory II: Channels & Meridians:**

1. The concept of the Meridians and Collaterals, the nomenclature of the meridian
2. collaterals and their composition, functions of the materials and collaterals,
3. Fourteen meridians, cyclical flow of Qi in the twelve regular meridians,
4. The twelve regular medians- 1.stomach meridian of foot, 2. Large intestine Meridian of hand, 3. Stomach median of the foot, 4. Spleen- pancreases meridian of hand, 5. Heart meridian of hand, 6.small intestine meridian of hand, 7. Bladder meridian of foot, 8. Kidney meridian of foot, the pericardium meridian of hand, 9.Sanjiao meridian of hand, 10.gall bladder meridian of foot, 11. Liver meridian of foot 12.Small Intestine Meridian of the Hands 13. The Extra meridians- Du Meridian & Ren Meridian.

#### **Theory III: Point Categories**

1.Luo-Connecting points,2.Confluent points,3.Influential points,4.Jing well points,5.Back shu and front Mu points , 6.Xi-Cleft points,7.Yuan Source points,8.Mother and Son points,9.Husband & wife points 10.5 Elements points 11.Horary Points 12.He-sea Points

### **III- PAPER: (60 Marks)**

#### **Acupuncture Theory- IV**

##### **Traditional Chinese Medical Diagnosis**

1. Methodology of case- taking and analysis, 2.Visual Diagnosis (inspection)- inspection of head, face, eye, nose, tongue, ear, skin, nails, teeth, 3.Inspection of movement and body-language, Tongue diagnosis, 4 Pulse diagnosis, technique of pulse diagnosis, various quantities of pulse diagnosis

#### **Acupuncture Theory- V**

1.Differentiation of syndromes according to the eight principles- exterior and interior, deficiency and excess, Yin and Yang, cold and heat, 2. Differentiation of syndromes according to the theory of Qi and blood syndrome of blood, 3. Differentiation of syndrome according to the theory of Zang-Fu organs- syndrome of heart and small intestine, lungs and large intestine, spleen stomach, liver and gall bladder, kidney and bladder, complication syndrome of Zang- Fu organs, 4. Principles of Acupuncture point selection.

### **Practicals-II**

1. Mark the points of the .....channel in the given Diagram
2. Mark the points for the ..... Disease of a patient given in the diagram
3. Write down a case study for a patient with..... Ailment
4. Mark the element pulse diagnosis in the given hand diagram
5. Record a live pulse diagnosis and interpret your results with a needle prescription

**Book Reference:**

1. Mind & Vision Dr.R.S.Agarwal
2. Practical approach To Acupuncture Dr.Prabha Borwankar
3. Acupuncture Dr.H.Bhojraj
4. Clinical Acupuncture Prof.Anton Jayasuriya
5. Acupuncture Felix Mann
6. Grace Anatomy